



Polyvagal Theory Applied to Neurodivergent Clients

A Two-Hour Training for Mental Health Professionals

I. Overview

Prerequisite

Neurodiversity 101 recommended

Learning Objectives

1. NAPTI's five-state model of polyvagal theory
2. Chronic dysregulation patterns
3. Key nervous system differences for neurodivergent people
4. How our modern-day life is disabling neurodivergent people
5. Big picture of what nervous system healing looks like

Logistics

Training will take place over Zoom on Thursday, March 13th, from 10 am-12 pm MT, Thursday, June 12th, from 9:30 am-11:30 am, or Thursday, Oct 9th, from 9:30 am-11:30 am MT. CEUs are available immediately after the training has been completed. A link will be sent in the chat box.

Materials

You'll receive the PowerPoint slides and psychoeducation handout to use for yourself and your clients within one week following the training. You'll also receive a list of recommended readings on the reference page at the end of the slideshow.

II. Details

Polyvagal Theory Applied to Neurodivergent Clients

You'll learn NAPTI's five-state model of polyvagal theory, including the activation and downregulation process, gas/brake pedal analogy, application to all mammals, an evolutionary perspective, and how PTSD and CPSTD are stored in our body. You'll gain an understanding of the key nervous system differences for neurodivergent people, including executive dysfunction, sensory sensitivities, intense activation, and increased risk for chronic activation. We will also cover chronic dysregulation patterns of neurodivergent clients, including GAD, PTSD, MDD, ADHDers, and Autists. You'll learn how our modern-day life is disabling neurodivergent people and how you can support your clients' healing process.

III. Pricing

Two-Hour Training

- Regular Pricing - \$149
- Student, Non-Profit and Group Pricing* - \$111.75
- Half and Full Scholarships are Available - Email Ari for Application**

**Group Pricing - Ten or more clinicians working within the same organization. **Email Ari for student/nonprofit/group discount code or for the scholarship application at admin@napti.org*

IV. Requirements and CE Credits

Training Requirements

You must be a mental health master's program student or professional to take this training. You must have already completed our Neurodiversity 101 course (or tested out). For test-out information, please contact admin@napti.org

CE Credits

Our trainings are endorsed by the NASW Colorado chapter for two CEUs. Please check with your state licensing board as we cannot guarantee credits depending on your license and state. You must attend the entire session.

V. Registration

To register, please go to <https://www.napti.org/booking>